**R.S.V.P. 8th GRADE/HIGH SCHOOL**

**CURRICULUM OUTLINE**

# Objectives

The program’s exclusive purpose is to teach the social, psychological, and physical health gains to be realized by delaying sexual activity until in a mature adult mutually faithful monogamous relationship such a marriage.

**Students who participate in RSVP will learn:**

* Abstinence from sexual activity is the only certain way to avoid out-of-wedlock pregnancies, sexually transmitted disease, and other associated health problems.
* A mutually faithful monogamous relationship such as in the context of marriage is a standard of human sexual activity.
* Sexual activity outside a mutually faithful monogamous relationship such as in the context of marriage could lead to harmful psychological and physical effects.
* Bearing children as a teenager could lead to harmful consequences for the child, and the child’s parents.
* How to reject sexual advances and how alcohol and drug use increase vulnerability to sexual advances.
* The importance of attaining self-sufficiency before engaging in sexual activity.

## Day 1

--Why do teens take the risk of becoming sexually active?

\*curiosity

\*they are “ready”

\*alcohol or drug involvement

\*thrill seeking

\*peer pressure

\*media influences

\*seeking affection

Define sex vs. sexuality

--The difference between body parts and the whole person (physical, mental, emotional, social, value system)

Explain body “signals” to help teens recognize the difference between focus on the person and focus on the body parts.

Which would they like to be recognized for: their person or their parts?

## Day 2

**Review question:** Would they like to be recognized for their person or their parts?

**Wanna** **Bet Demo:** (How easy it is to say yes, and wish you had said no)

Recognizing how quickly one can be set up in a scenario they never believed they would be part of - how men and women react differently to the scenario and why.

How media can influence self-image.

Recognizing gifts *other than physical* in self and in each other.

**Homework assignment:** List 5 *inner* qualities of the partner assigned to each student by RSVP instructor.

## Day 3

**Exchange homework assignment**

What is appropriate affection and inappropriate affection?

“**Woo” Scale Demo:** Recognizing appropriate levels of affection rather than levels of stimulation. AKA The law of diminishing returns.

**Baking soda/vinegar Demo:** Setting limits of affection.

Why it is important to S.E.S.! (to remain a person/not just a set of “parts”) **S**et a limit.

**E**xpress a limit.

**S**tick to a limit!

**Frog Demo:** Law of diminishing returns

## Day 4

When is sex okay?

Consequences of multiple partner

Reinforce need to be examined for STD’s if sexual contact has occurred.

Reinforce “Your actions not only effect you, they affect everyone in your life who loves you” – family, friends (mentally, emotionally, and socially)

Explain/reinforce/encourage the importance of secondary/renewed virginity.

How do you know when you are in love enough to get married? (Build the married house)

**Handout: Grady’s Rules**

## Day 5

Alcohol or Drug experimentation will influence decision making process.

--Pregnancy rate

--Abortion stats

--Effect on self, family, and friends-physically, mentally, emotionally

If sex and birth control were the answer, would we have this discussion?

What is the only 100% way to avoid pregnancy and sexually transmitted disease? **ABSTINENCE**

Condom failure rates explained per CDC statistics.

Sexually transmitted diseases effect on self, family, friends –physically, mentally, emotionally, and socially.

Refusal Skills- Grady’s Ways to Say No

## FREQUENTLY ASKED QUESTIONS

*As parents, we believe information concerning sexuality should be taught within the home – why is it being taught in school?*

**The staff of RSVP is not trained to replace information that only a parent can relay.**

**They are trained to reinforce a message that (hopefully) the parent has already given.**

**Today’s youth are bombarded with mixed messages about sexuality; our hope is that this program reinforces the gift of reproduction, the benefits of goal-setting, and wise decision making.**

*Are these co-ed classes? If so, why?*

**Yes, the RSVP classes are designed to be co-ed. Again, because of the challenges our young people face, it is critical they receive the identical theme, so there can be no misunderstanding of what was heard. Both sexes are going through challenging times. The understanding, compassion, and respect they should have for each other as the changes occur cannot be overstated.**

*Can parents exclude their son or daughter from the class?*

**Of course, this is a decision that is always respected by the staff of the school and RSVP.**

*Do you have evaluation results available for review?*

**Yes, they are available upon request. The school administrators and teachers receive summarized results of student evaluations about a week after the program is over. The same evaluation results can be emailed to parents upon request via 2projectreach@gmail.com**