**Grade 7 outline**

**Day 1**

Invitations for sex come in many forms

**Green water demo:** How peer pressure

can influence decisions: positively and negatively

**Teen story: Paul and Kate**

**Dispel sexual myths**

--Do your friends really know all the facts?

--Can pregnancy occur the first time?

--HIV has no signs or symptoms

--Media does not reflect truth in portrayals

--Does **true** love say “yes” or “no” to sex?

**Emphasis on truths**

--Emotional needs

--Physical risk

--Social consequences

--Secondary virginity

**Planning for the future**

--What is the only way you are guaranteed to reach the future with no consequences from

sex? **ABSTINENCE!!**

**Grade 7 outline cont’d**

**Day 2**

**Review Day 1**

**What influenced Paul and Kate’s Decision?**

**-**Peer Pressure and having an escape plan

--Chocolate cake love vs. married love

(infatuation vs. true married love)

**Grady’s Rules**

**Treasure Hunt (demo/riddle)**

--Looking for self-respect, true friends, true “gifts” are not physical

**Definition of a true “Star”**

--A movie star comes to class

--Why should one say “no” to a movie star?

--Dealing with sexual and peer pressure

--Defining sex vs. sexuality

--Does the majority affect the way you think?

--Long term consequences of sex before marriage

--Having a plan (Refusal Skills)

**Grade 7 outline cont’d**

**Day 3**

What are the appropriate ways to show affection?

**Setting limits demo:** appropriate ways to express affection without engaging in sexual intercourse.

--Consequences of not setting limits

--Consequences of not sticking to limits

**S**etting limits

**E**xpressing limits

**S**ticking to the limit

**Day 4**

**Sexual Jeopardy Game**

--HIV/AIDS

--STDS

--Alcohol and drugs influence on

decision making

--Consequences on self, family, friends

--Physical, mental, social, emotional consequences

Discuss risky behaviors such as pornography, digital and oral sex.

Secondary/Renewed virginity explained and encouraged

Why condoms aren’t always the best protection

Responsibility to self and others if having sex.

What is the only **100%** protection for one’s physical, mental, emotional and social health?

**Grade 7 outline con’t.**

**Day 5**

**Continue with Jeopardy game**

**When is Sex a Crime?**

(age of consent)

Review cell phone, computer, and photography safety

Handouts:

--Grady’s Rules

-What? Sex Can Be A Crime brochure